



For soft, smooth and very touchable skin, we love Matsimela Litchi and Rose Salt Bath Soak and Body Butter ... nourishing, soothing, moisturising and protecting, use both for skin that's soft, supple and rejuvenated. R95 and R150 from matsimela.co.za



For bathtime bliss, we're huge fans of Morlage & Yorke luxury soaps. Our new fave is this Fresh Linen & White Jasmine. R65 from @Home stores.



For lips that are seriously kissable, try Elizabeth Arden's new Beautiful Color Liquid Lip Lacquer ... dramatic, intense shine in bold shades. We're wearing Seductress! R299 from department stores.



The Mincer Pharma Contour Architect range is fabulous for intensive firming ... and also acts as a collagen filler for wrinkles. There's a day and night cream, an eye cream and a multi-collagen serum. Great prices - from R195 to R395, at Foschini.

Elizabeth Arden's Retinol Ceramide Capsules Line Erasing Night Serum capsules combine the powerful line-erasing benefits of retinol with the moisture-boosting and skin barrier repair benefits of ceramides ... visibly diminishing the look of lines and wrinkles (aka laugh lines), improving skin texture, tone and clarity. From R565, available at Edgars and selected department stores and pharmacies.



When you're needing a little help, Clarins comes to the rescue with these SOS Primers. We're huge fans of the white (which instantly brightens) and the pink (which minimises signs of fatigue). R425 each at your fave Clarins stockist.



February 2019 Get It Joburg South 17



Inner-peace. Hurt-less. Energize-me. We love the names as much as the product. This **Bellabaci Soul Food** range of aromatherapy creams is wonderful. So's the Cape Town brand ... 'In our Utopia, we'd want a world that smells divine, silky soft skin for those who want it, healthy happy bodies for everyone, no exception, and products that simply do what they promise to do'. Love! R790 from bellabaci.com



Mood enhancers? Yes please. **Biomedcan** has three products we're stocking up on. **MOOD** promises to assist in improving one's mood, decreasing anxiety, stress, depression, mood swings and PMS, without having a sedative effect. **MIND** can assist in improving memory and concentration, increasing brain clarity and energy levels and gives a feeling of upliftment. There's **SLEEP CBD Capsules** ... and who doesn't need a good night's sleep? R459 each. Details: biomedcan.co.za



Real treats at reasonable prices ... we're devotees of the **Morlage & Yorke** range and love this **Lemongrass & Verbena scented Hand & Body Lotion** and **Hand Wash**. R84.95 each from @Home.



Diego dalla Palma Professional, a paraben-free, dermo-cosmeceutical skincare brand, is new on our beauty radar. This **Dandelion Orange Blossom Jelly Scrub**, with a soft gel-texture, creates a heat sensation when applied to the skin, has sugar crystals which gently remove keratinized cells and impurities, improving the transport of oxygen to the cells, leaving your skin hydrated, radiant and smooth. R520. Details: 021-701-2900 for your closest stockist.

A long soak in a hot tub (not to full, though!) ... bliss. New in the **Earthsap** range, Wild **Rose & Lavender Bath Salts**, R79.95 from wellnesswarehouse.com



Moisturise, moisturise,
moisturise is our
mantra this month



Mavala Clean & Comfort Toning Lotion hydrates and soothes. R345 from Dis-Chem • All ylang ylang, vanilla and cherry blossom, we adore **Sothys Cherry Blossom Nourishing Elixir**, an exotic aromatic body oil that moisturises the skin. R495 from select salons and spas. Details: 021-701-2900 • **Clarins New Bright Plus Serum** is a brightening serum which rebalances the dimensions of a perfect complexion – contrast, colour and luminosity, leaving you with even, glowing skin. From R835 at your local Clarins stockist. • We all know the benefits of shea butter ... **SOIL Ugandan Shea Butter** is one of the nicest on the market. R95 from skincarefromafrica.co.za



We adore **Morlage and Yorke** ... this **Pink Grapefruit and Mandarin luxury hand soap** is not only pretty, but has the most wonderful fresh, sharp scent, too. R65 from morlageandyorke.co.za • Enjoy a blast of fresh moisture with the **Makeup Mist** from **WOW**. R75 from selected pharmacies (thelocalchoice.co.za/find-a-pharmacy). • **365 Skin Workout's Instant Radiance Mask** delivers what it promises ... a hit of moisture and instant radiance. R595 from Sarbet



Compiled by: KYM ARGO.