



Tried & tested

From jiggly shower jelly to nourishing body lotion, we've been self-soothing at home this month, as you can probably tell!

COMPILED BY CHRISTINA PITT & LIESL ROBERTSON



Mortlake & Yorke Apothecary White Orchid & Ginger Hand & Body Lotion, R84.95

Mortlake & Yorke products have such unique scent combinations, and this lotion's pairing of delicate white orchid and spicy ginger was no exception. I suspect this product may be better in summer when you want something lighter, but with winter on its way, the moisturising effect didn't last long on my body – and after all the handwashing that came with Covid-19, my hands needed something industrial! – **Maya**



Africology 100% Natural Essential Oils Skin Renewal Body Glow, R565

I've always loved Africology – it's a homegrown brand and the no-frills, no-fuss packaging has such an earthiness to it. This cream/ oil is lovely after a hot shower when your skin is still warm – the product soaks in, leaving it soft and silky with a little shimmer, which is really pretty. Plus it has a gorgeous scent: earthy, musky and spicy, all rolled into one. And a little goes a long way – **Caryn**



Essence Ultra Last Instant Colour Lipstick in 11, R49.95

I once applied lipstick before interviewing Graham Hancock – on the phone! Laugh all you want, but at the end of the call he told me 'very much enjoyed our chat'... the power of a red lip! Which is why I snapped up this one. It's so creamy, it glides on, and instantly brightens up my whole face. It lasts, too, and when I'm wearing it, I feel like I could interview The Boss and I'd be okay. – **Sameena**

Lush Shower Jelly in Twilight and Conga, R185 each

Satisfying to look at and even more fun to use! If you've grown tired of your regular shower gel, this jiggly jelly wash is a game-changer. The gentle cartageen extracts, lavender oil and tonka of the Twilight jelly are out of this world. And the raspberry juice, bergamot oil, vanilla and almond milk Conga concoction is not only fun, but calming too – plus it leaves you smelling like berries and cream. – **Christina**

